



**ISOKINETIC
MEDICAL GROUP**

FIFA | **MEDICAL CENTRE
OF EXCELLENCE**

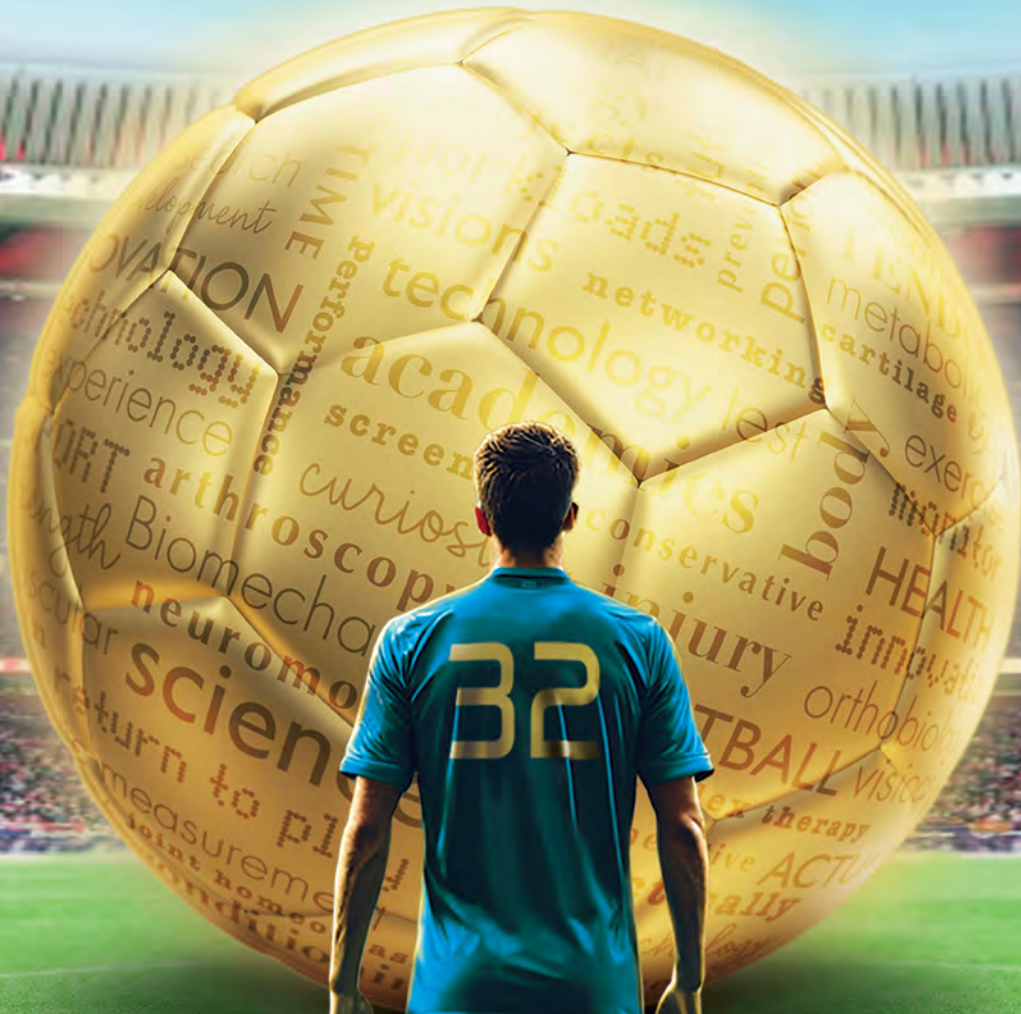


Hosted by
ATLÉTICO DE MADRID

XXXII ISOKINETIC CONFERENCE
FOOTBALL MEDICINE
NEW FRONTIERS

RIYADH AIR METROPOLITANO
3rd, 4th & 5th May 2025 - MADRID, Spain

SCIENTIFIC PROGRAMME



Local supporter
Clínica
CEMTRO



Welcome

The annual Isokinetic Conference is the landmark event for the Global Football Medicine Community, representing more than 30 years of learning, sharing expertise, best practices, debates and most of all, inspiration! Like every year, we will come together from different geographical, racial, cultural and professional backgrounds for the common purpose of developing football medicine and improving the health and wellbeing of the millions of worldwide players. This is where the magic happens, an unmissable appointment for physicians, orthopaedic surgeons, physiotherapists, and all professionals involved in sport science disciplines. We look forward to being with you and all the shared learning experiences this conference hopes to provide.



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Francesco Della Villa
Scientific Director,
Isokinetic Medical Group



Andrew Massey
FIFA
Medical Director

READY TO CROSS NEW FRONTIERS?

“THE ONLY CONSTANT IN LIFE IS CHANGE”

As Heraclitus said, an essential ingredient for advancement in the medical field is to embrace the concept of progressive change, always looking for new frontiers in science and practice. Innovation has always been - and will always be - at the very core of the evolution of our practice.

SHAPING THE FUTURE

Everything we take for granted in Sports Medicine today was once considered revolutionary. All innovation and current changes, be they big or small, will be the norm tomorrow. Exploring new frontiers, selecting and nurturing the best ones, means shaping the Sports Medicine practice of future generations.

HERE, NOW, AT #ISOK25... AND BEYOND!

In Madrid, at #isoK25, we will discuss the most promising innovation and the new frontiers of football medicine, from gold standard practice to cutting edge scientific content at our multiformat and multidisciplinary conference. Back for more...and we'll give you more back!



ENJOY THE VENUE

There is no better location for the best Football Medicine Conference than an incredible, state-of-the-art global stadium! The iconic Estadio Riyadh Air Metropolitano is waiting to host us once again at #isoK25. For the second time, it will be the perfect scenario for our international Conference, letting you feel the beating heart of football, while soaking up the science and networking in the Spanish sunshine.

Madrid DISCOVER THE CITY

No city in the world is more vibrant than Madrid! If you visit its distinct, characteristic barrios (districts), you will discover a truly varied capital, the expression of one of the most passionate countries in Europe. Madrid boasts many world-famous attractions, ranging from art galleries like the Prado and Reina Sofia Museums, to not-to-be-missed sites such as the Plaza Mayor, the Palacio Real and the Catedral de Nuestra Señora de la Almudena. There are countless local delights waiting to be discovered. First and foremost, FOOD! For shopping lovers, in the Salamanca barrio there are luxury boutiques while Malasana hosts original and alternative shops. Then, there's Madrid's famed nightlife. Can't resist your chance to experience Flamenco music? Head to the Huertas district. Looking for something more unique and trendy? Then you will find the Chueca district delightful. Madrid is a real metropolis; there is something for everyone in this wonderful, eclectic city.



RIYADH AIR METROPOLITANO



GETTING TO AND FROM THE STADIUM

By car: onsite there is a free car park all around the Stadium

By metro: the closest Metro Station is the "Estadio Metropolitano", corresponding to Line 7 (orange)

By bus: five lines connect the metropolitan area of Madrid with the Stadium: 28, 38, 48, 140, E2

By UBER: in Spain the Uber APP is used frequently, so feel free to use it to get a car

By taxi: outside the stadium there's a taxi point where you should find taxis at the end of the Conference days. If you don't find any taxi available, you can contact one of the following numbers (+34 for Spain): 913712131, 914051213, 915478200.

PLAN YOUR DAYS

The Main Scientific Programme, spread across 3 large rooms, is made up of 4 different kinds of session. Find out more about our different formats.

TRADITIONAL SESSIONS

Two chairs and five top-level speakers will discuss hot topics in a comprehensive and diverse exchange of opinions. Intense audience engagement at the end of the sessions is always a highlight!

OPEN DEBATES

This will be a quick and energetic 45-minute session, with one chairperson, one presenter and a panel of three invited speakers. The panel, following the chairperson's questions, will comment on the content of the speech, considering the patient's perspective.

NEXT GENERATION LEADERS

In this format, a prominent keynote speaker will be followed by 5 forward thinking 'next-generation' leaders selected from the best presented abstracts!

LATIN FOOTBALL

Presenting the same format as the Traditional Sessions, they are focused on the Latin football clubs strategies to grant high performance and a successful return to play.

Schedule your time

	TRIBUNA	AUDITORIO	SUROESTE	
09:00 11:00	New Frontiers in Football Medicine			SATURDAY
11:30 13:00	On the edge with hamstrings	UEFA Champions Leagues studies: present & future	FIFA Medical Symposium: Concussion in Football	
13:30 14:30		ESSKA SESSION - ACL prevention, surgery and rehabilitation: all just pieces of the puzzle	FIFA SESSION - How can player health surveillance translate to improved player health?	
14:30 15:15	Best solutions for complex knee injuries	Muscle injuries: biology VS function	What's new in foot & ankle injuries	
15:15 16:00		Hamstring injuries: surgery VS non surgery		
16:30 17:15	The new frontiers of ankle injuries in Football	Spine injuries of the young Football player	ACL: from injury to Return to Play	
17:15 18:00		Low back problems in the adult Football player		
08:30 09:15	Exploring the borders of hip & groin pain	Modern approach to early stages after knee surgery		
09:15 10:00		Second ACL prevention: criteria VS time		
10:30 11:15	Touching the ground in 2025: achilles & calf	Any news in ACL injury management?	The future of Football rehabilitation	
11:15 12:00		Patellar dislocation: surgery VS non surgery		
12:00 12:45	Present & future of ACL injury management	Meniscus repair in high-level Football players	Hamstrings: cutting the risk and improving Return to Play	
12:45 13:30		New frontiers in joint pain control		
14:00 15:00		ICRS SESSION - Meniscus preservation and sport	ISAKOS SESSION - ACL injuries in youth football	SUNDAY
15:00 16:30	Neurocognitive aspects of Football injuries	What's new in Football orthobiologics	Innovation in Football prevention & biomechanics	
17:00 18:30	Pushing the limits for patellar tendon in Football	Shoulder instability in footballers: a rising issue?	Current trends in hip & groin pain	
08:30 10:00	Muscle injuries: how to tackle the big four	Football reconditioning		
10:30 12:00	The future of ACL injury prevention	Planning the season: from screening to match schedule		
12:00 13:30	Chasing return to performance after injury: what's new?	Top clubs' best strategies to Return to Play		
13:45 14:30		CONMEBOL SESSION Football in South America		MONDAY
14:30 16:00	Current trends in RTP testing: biomechanics and beyond	Monitoring the recovery & maximising performance		



SATURDAY
3rd MAY
MORNING

TRIBUNA

GROUND FLOOR

09:00 OFFICIAL WELCOME

New Frontiers in Football Medicine

Chairs Della Villa S (ITA), Massey A (SUI)

09:30 **The New Frontiers of Football Medicine: what to expect from the future**
Walden M (SWE)

09:45 **Neuroscience application in Football injuries: the next frontier?** Grooms D (USA)

10:00 **Integrating genomics and epigenomics in modern Football Medicine** Rodas G (ESP)

10:15 **Present and future goals of women Football Medicine** Putukian M (USA)

10:30 **The future of regenerative medicine for Football players** Saris D (USA)

10:45 *Discussion*

On the edge with hamstrings

Chairs Bolling C (NED), Tencone F (ITA)

11:30 **Living on the edge of hamstring injury prevention** Van Dyk N (IRL)

11:45 **From anatomy to function: the new era of monitoring the recovery** Pedret C (ESP)

12:00 **The hamstring needs for speed: how to assess kinetics and kinematics**
Mendiguchia J (ESP)

12:15 **Are there any specificities for hamstring injuries in women football?** Tomas R (POR)

12:30 **A biomechanical approach for a safe return to play** Olmo J (UK)

12:45 *Discussion*

AUDITORIO

-1 FLOOR

OFFICIAL WELCOME AND STARTING SESSION IN THE TRIBUNA

UEFA Champions Leagues studies: present & future

Chairs Van den Steen E (BEL), Walden M (SWE)

11:30 **The new frontier of communication to reduce injury risk: a universal football language** Ekstrand J (SWE)

11:45 **Key injury parameters that impact team success in elite football** Hagglund M (SWE)

12:00 **Differences in injury patterns and characteristics between genders: a rethink of preventive strategies in women's elite football?** Hallen A (SWE)

12:15 **Decoding football medicine strategy and structure in European club football**
Davison M (UK)

12:30 **The UEFA Injury Study - present and future** Okholm Kryger K (UK)

12:45 *Discussion*

SUROESTE

GROUND FLOOR

OFFICIAL WELCOME AND STARTING SESSION IN THE TRIBUNA

FIFA Medical Symposium: concussion in Football

Chairs Massey A (SUI), Serner A (SUI)

11:30 **Evidence on concussion and long-term brain health in football** Meyer T (GER)

11:45 **Injury mechanisms & video signs of concussions in football** Serner A (SUI)

12:00 **What should be included in a 3 min on pitch assessment?** Peek K (AUS)

12:15 **Return to play following concussion in football** Massey A (SUI)

12:30 **Concussion care in Para Football: challenges, learning points, and opportunity** Weiler R (UK)

12:45 *Discussion*



TRIBUNA

GROUND FLOOR

Best solutions for complex knee injuries

Chairs Gobbi A (ITA), Snyder-Mackler L (USA)

14:30 **New frontiers to measure knee instability**
Espregueira-Mendes J (POR)

14:45 **The future of football surgery: artificial intelligence, mixed reality and arthroscopy**
Sonnery-Cottet B (FRA)

15:00 **Innovative solutions for cartilage repair in the football player**
Kon E (ITA)

15:15 **Exploring the future of ACL surgery for top football players**
Getgood A (QAT)

15:30 **Complex multiligament injuries made easy**
Chahla J (USA)

15:45 *Discussion*

The new frontiers of ankle injuries in Football

Chairs Gouttebauge V (NED), Vannini F (ITA)

16:30 **The ankle sprain and the domino effect: a new anatomical theory**
Dalmau-Pastor M (ESP)

16:45 **News in deltoid ligaments injuries in football players**
d'Hooghe P (QAT)

17:00 **Integrating biomechanics in return to play**
Griffin C (IRL)

17:15 **Getting back to performance after ankle injuries**
d'Orsi G (ITA)

17:30 **The future of ankle sprain prevention and care: AI & beyond**
Verhagen E (NED)

17:45 *Discussion*

AUDITORIO

-1 FLOOR

ESSKA SESSION - ACL prevention, surgery and rehabilitation: all just pieces of the puzzle

Chairs Patt T (GER), Prill R (GER)

13:30 **The how and what of ACL injury prevention: update from US sports**
Janosky J (USA)

13:42 **Football related ACL surgery to maximize outcomes**
Cavaignac E (FRA)

13:54 **Ideal functional recovery path following ACL injury for football players**
Compagnin A (UK)

14:06 **Young knees, different rules? Tailoring ACL rehabilitation for the youngest player**
Van Melick N (NED)

14:18 *Discussion*

Open Debate 14:30 - 15:15

Muscle injuries: biology VS function

Chair English B (UK)

Presenter Krutsch W (GER) - **Balancing biological healing and functional recovery in 2025**

Debaters Pedret C (ESP), Huurman S (NED)

Open Debate 15:15 - 16:00

Hamstring injuries: surgery VS non surgery

Chair English B (UK)

Presenter Haddad F (UK) - **Refining the indications for hamstring surgery in footballers**

Debaters Lempainen L (FIN), Muller Wolfhart H (GER), Stride M (UK)

Open Debate 16:30 - 17:15

Spine injuries of the young football player

Chair Dvorak J (SUI)

Presenter Mayer M (GER) - **Spine injuries of the young football player**

Debaters Chomiak J (CZE), Sheeran L (IRL)

Open Debate 17:15 - 18:00

Low back problems in the adult football player

Chair Dvorak J (SUI)

Presenter Compagnin A (UK) - **Low back problems in the adult football player**

Debaters Edwards T (NZL), Geertsema C (QAT)

SUROESTE

GROUND FLOOR

FIFA SESSION - How can player health surveillance translate to improved player health?

13:30 - 14:30

Round Table

Chandran A (USA), Clarsen B (SUI), Larruskain Zabala J (ESP), Stokes K (UK)

Next Generation Leaders

What's new in foot & ankle injuries

Chairs Ahmed O (UK), Carneiro E (UK)

14:30 **KEYNOTE LECTURE**
New frontiers in the treatment of ankle injuries in football
Kerkhoffs G (NED)

The best 5 abstracts on FOOT & ANKLE injuries will be selected and included in this session

Next Generation Leaders

ACL: from injury to Return to Play

Chairs Berruto M (ITA), Forssblad M (SWE)

16:30 **KEYNOTE LECTURE**
ACL injuries in skeletally immature players: experience and perspectives
Monllau JC (ESP)

16:45 **KEYNOTE LECTURE**
The delicate balance between anatomy and function in return to play
Dejour D (FRA)

The best 5 abstracts on ACL will be selected and included in this session

TRIBUNA

GROUND FLOOR

Exploring the borders of hip & groin pain

- Chairs* Griffin D (UK), Muschaweck U (GER)
 08:30 **Trajectories of hip and groin issues: where are we going?** Dijkstra P (QAT)
 08:45 **Growth-related hip and groin injuries in football: future directions** Andersen TE (NOR)
 09:00 **How to manage the footballer's FAI in 2025** Kemp J (AUS)
 09:15 **An anatomy driven work up for acute groin injuries** Schilders E (UK)
 09:30 **Understanding groin injuries using AI** Richter C (GER)
 09:45 *Discussion*

Touching the ground in 2025: Achilles & calf

- Chairs* Klein C (GER), Rosa D (ITA)
 10:30 **The future of Achilles tendon surgery for football players** Maffulli N (ITA)
 10:45 **Achilles tendon rupture: from injury to return to play** Van Dijk N (NED)
 11:00 **Quantifying Achilles tendon loading through wearables** Van Hooren B (NED)
 11:15 **Modern approaches to calf muscle injuries** O'Neill S (UK)
 11:30 **Avoiding the "flat-tire": functional recovery for full calf potential** Glasgow P (IRL)
 11:45 *Discussion*

Present & future of ACL injury management

- Chairs* Cohen M (BRA), Denti M (ITA)
 12:00 **What the future holds for ACL injuries** Webster K (AUS)
 12:15 **New trends in understanding ACL injury mechanism and patterns** Della Villa F (ITA)
 12:30 **Adapting ACL surgery for the increased demands of the game** Musahl V (USA)
 12:45 **The future is now: integration of surgery & post surgical strategies to reach the top** Zaffagnini S (ITA)
 13:00 **ACL rehabilitation in 2030: how it will look like** Hamrin-Senorsky E (SWE)
 13:15 *Discussions*

AUDITORIO

-1 FLOOR

Open Debate 08:30 - 09:15
Modern approach to early stages after knee surgery

- Chair* Arundale A (USA)
Presenter Surdyka N (USA) - **Modern approach to early stages after knee surgery**
Debaters Sonnery-Cottet B (FRA), Zorzi C (ITA), Ek L (ITA)

Open Debate 09:15 - 10:00
Second ACL prevention: criteria VS time

- Chair* Arundale A (USA)
Presenter Fink C (AUT) - **Second ACL prevention: criteria VS time**
Debaters Margheritini F (ITA), Myer G (USA), Ek L (ITA)

Open Debate 10:30 - 11:15
Any news in ACL injury management?

- Chair* Reider B (USA)
Presenter Grassi A (ITA) - **Any news in ACL injury management?**
Debaters De Carli A (ITA), Snyder-Mackler L (USA)

Open Debate 11:15 - 12:00
Patellar dislocation: surgery VS non surgery

- Chair* Reider B (USA)
Presenter Arendt E (USA) - **In season patellar dislocations in footballers: present vs future knee function, what is important for RTP decisions?**
Debaters Servien E (FRA), Thompson S (UK)

Open Debate 12:00 - 12:45
Meniscus repair in high-level Football players

- Chair* Kon E (ITA)
Presenter Williams R (USA) - **Meniscus repair in high-level football players**
Debaters Getgood A (QAT), Piskopakis A (GRE)

Open Debate 12:45 - 13:30
New frontiers in joint pain control

- Chair* Kon E (ITA)
Presenter Sas K (BEL) - **New frontiers in joint pain control**
Debaters Johnson R (UK), Laver L (ISR)

SUROESTE

GROUND FLOOR

Next Generation Leaders
The future of football rehabilitation

- Chairs* Andrade R (POR), De Caro F (ITA)
 10:30 **KEYNOTE LECTURE**
The future of AI in Football Medicine
 Samuelsson K (SWE)

The best 5 abstracts on FOOTBALL REHABILITATION will be selected and included in this session

Next Generation Leaders
Hamstrings: cutting the risk and improving Return to Play

- Chairs* Ferrer Vidal E (ESP), Van Dyk N (IRL)
 12:00 **KEYNOTE LECTURE**
The new frontiers of hamstring injuries in football players
 Mendiguchia J (ESP)

The best 5 abstracts on HAMSTRINGS will be selected and included in this session

SUNDAY
4th MAY
AFTERNOON



TRIBUNA

GROUND FLOOR

Neurocognitive aspects of football injuries

Chairs Grooms D (USA), Silvers H (USA)

- 15:00 **The perceptual cognitive aspects of football injuries: a new perspective** Jordet G (NOR)
- 15:15 **Hardware and software interactions: how the brain affects biomechanics** Myer G (USA)
- 15:30 **Lost in transmission: how a change in central motor drive compromises muscle** Lepley L (USA)
- 15:45 **Neuroplasticity over time: a moving target for neurocognitive interventions** Chaput M (USA)
- 16:00 **Neurocognitive enriched late-stage rehabilitation: where are we now?** Gokeler A (GER)
- 16:15 *Discussion*

Pushing the limits for patellar tendon in Football

Chairs Alfredson H (SWE), Di Martino A (ITA)

- 17:00 **Patellar tendinopathy: a persistent issue for the football player?** Bahr R (NOR)
- 17:15 **The complex extensor mechanism adaptation in the young player** Holden S (IRL)
- 17:30 **New trends in surgical approach to the patellar tendon** Lempainen L (FIN)
- 17:45 **Integrating biomechanics in functional recovery for patellar tendon injuries** Boldrini L (ITA)
- 18:00 **Present and future of patellar tendinopathy management** Rio E (AUS)
- 18:15 *Discussion*

AUDITORIO

-1 FLOOR

ICRS SESSION - Meniscus preservation and sport

Chairs Saris D (USA), Zaslav K (USA)

- 14:00 **Meniscus discovery series: from anatomy to lesions, to orthobiologics** Kon E (ITA)
- 14:12 **Can we suture the meniscus in the athlete?** Papacostas E (QAT)
- 14:24 **Can we undertake meniscus transplantation in an athlete?** Spalding T (UK)
- 14:36 **Meniscus: new frontiers** Filardo G (SUI)
- 14:48 *Discussion*

What's new in football orthobiologics

Chairs Filardo G (SUI), Guillen P (ESP), Marcacci M (ITA)

- 15:00 **Exploring the future of orthobiologics in Sports Medicine** Chahla J (USA)
- 15:15 **Allogenic stem cells as the future of regenerative medicine** De Girolamo L (ITA)
- 15:30 **Artificial intelligence and mixed reality in football orthopaedics** Guillen Vicente I (ESP)
- 15:45 **The use of adipose-derived stem cells in football medicine** Screpis D (ITA)
- 16:00 **PRP, PPP, micro-RNAs and the future of injectable orthobiologics** Cugat R (ESP)
- 16:15 *Discussion*

Shoulder instability in footballers: a rising issue?

Chairs Bizzini M (SUI), Guillen M (ESP)

- 17:00 **Understanding shoulder instability in athletes: diagnosis and biomechanical aspects** Michener L (USA)
- 17:15 **New surgical trends in shoulder instability** Marcheggiani Muccioli GM (ITA)
- 17:30 **Surgical management of top football players** Porcellini G (ITA)
- 17:45 **Criteria-based return to play after shoulder stabilization** Danelon F (ITA)
- 18:00 **Neurocognitive enriched testing & rehabilitation: new data** Davies G (USA)
- 18:15 *Discussion*

SUROESTE

GROUND FLOOR

ISAKOS SESSION - ACL injuries in youth football

Chairs Espregueira-Mendes J (POR), Maestro A (ESP)

- 14:00 **New frontiers in the management of ACL injuries in youth football** Chahla J (USA)
- 14:12 **Early surgery or delayed reconstruction in pediatric ACL injuries?** Cohen M (BRA)
- 14:24 **Is the quadriceps tendon a good autograft option for ACL reconstruction in the young athlete?** Musahl V (USA)
- 14:36 **Why, when and how to add LEAT in the young athlete with ACL tear** Espregueira-Mendes J (POR)
- 14:48 *Discussion*

Next Generation Leaders Innovation in football injury prevention & biomechanics

Chairs Bittencourt N (BRA), Pereira R (POR)

- 15:00 **KEYNOTE LECTURE**
Preventing knee injuries in football: what is important?
Powers C (USA)

The best 5 abstracts on FOOTBALL INJURY PREVENTION AND BIOMECHANICS will be selected and included in this session

Next Generation Leaders Current trends in hip & groin pain

Chairs Laver L (ISR), Papadopoulou T (UK)

- 17:00 **KEYNOTE LECTURE**
Groin injuries in football players: what I have learned so far
Holmich P (DEN)
- 17:15 **KEYNOTE LECTURE**
Towards the future of surgical approach to the hip joint for footballers
Khanduja V (UK)

The best 5 abstracts on HIP AND GROIN PAIN will be selected and included in this session

Muscle injuries: how to tackle the big four

- Chairs* Huurman S (NED), Tol H (NED)
 08:30 **New trends in hamstring injuries rehabilitation** Heiderscheid B (USA)
 08:45 **Proximal rectus femoris injuries: an increasing concern in football** Kassarijan A (ESP)
 09:00 **The future of the triceps surae: from diagnosis to return to play** Pedret C (ESP)
 09:15 **Adductors injuries in football players: present and future** Eirale C (QAT)
 09:30 **The evolution of surgical indications for muscle injuries** Puigdellivol J (ESP)
 09:45 *Discussion*

The future of ACL injury prevention

- Chairs* Osbahr D (USA), Webster K (AUS)
 10:30 **The frontiers of ACL injury prevention** Mandelbaum B (USA)
 10:45 **The movement phenotypes and ACL injury risk: implication for prevention** Di Paolo S (ITA)
 11:00 **From the lab to the world: new solutions for ACL prevention implementation** Pearle A (USA)
 11:15 **Don't forget the hardware but target the software: the future is the brain** Grooms D (USA)
 11:30 **Second ACL injury prevention: emerging trends and biomechanical data** King E (QAT)
 11:45 *Discussion*

Chasing return to performance after injury: what's new?

- Chairs* Bowen L (UK), Gregson W (UK)
 12:00 **The moving target: what Football will look like in 2030** Bradley P (UK)
 12:15 **The new outlook of on-field rehabilitation: the gateway to performance** Buckthorpe M (UK)
 12:30 **What is return to performance and how to get there** Clubb J (UK)
 12:45 **Running progression after muscle injuries: beyond GPS confusion to practical solutions** Buchheit M (FRA)
 13:00 **Getting back to the game: what matters most?** Knowles B (USA)
 13:15 *Discussion*

Current trends in RTP testing: biomechanics and beyond

- Chairs* Mandelbaum B (USA), Zago M (ITA)
 14:30 **Back to the future: isokinetic test as a never-ending example of innovation** Davies G (USA)
 14:45 **Current trends in biomechanical testing for return to play** Powers C (USA)
 15:00 **Using force plate assessments to optimize return to sport readiness** Read P (UK)
 15:15 **Integrating GPS data in return to football** Olmo J (UK)
 15:30 **What the player wants: exploring psychological & contextual factors in RTP** Bolling C (NED)
 15:45 *Discussion*

**Next Generation Leaders
Football reconditioning**

- Chairs* Lucarno S (ITA), Mazzoni S (ITA)
 08:30 **KEYNOTE LECTURE
Football Reconditioning: humans versus machines**
 McCall A (UK)
 The best 5 abstracts on FOOTBALL RECONDITIONING will be selected and included in this session

**Latin Football
Planning the season: from screening to match schedule**

- Chairs* Pangrazio O (PAR), Varandas F (POR), Villalon JM (ESP)
 10:30 **Preparing a top team to face a challenging season** Yanguas Leyes J (ESP)
 10:45 **Preventing injuries in a challenging context: the CONMEBOL experience** Forriol F (ESP)
 10:55 **ACL Injuries in women football: new trends** Pedrinelli A (BRA)
 11:05 **Integrating preseason screening and targeted injury reduction strategies** Bittencourt N (BRA)
 11:15 **Performance planning: ACL Return-to-Play testing** Del Barrio C (ESP)
 11:25 **Maximising biomechanical screening in injury prevention: the Brazilian experience** Metsavaht L (BRA)
 11:35 *Discussion*

**Latin Football
Top clubs' best strategies to Return to Play**

- Chairs* Celada O (ESP), Martinez D (ARG)
 12:00 **Return to play after ACL reconstruction** Lasmar R (BRA)
 12:15 **Managing complex knee surgeries in top level football: from injury to RTP** Leyes M (ESP)
 12:25 **ACL injuries in youth football players: priorities to consider** Monaco E (ITA)
 12:35 **New trends in cartilage injuries in South American football** Cohen C (BRA)
 12:45 **Present and future of hamstring injury management: the FC Barcelona experience** Rodas G (ESP)
 12:55 **Key principles of football rehabilitation for ankle sprains** Til L (FRA)
 13:05 *Discussion*

**Latin Football
CONMEBOL SESSION - Football in South America
13:45 - 14:30**

**Latin Football
Monitoring the recovery & maximising performance**

- Chairs* Martinez G (PAN), Vazquez C (ESP)
 14:30 **Build the framework, rebuild the player** Buchheit M (FRA)
 14:45 **Specificities of performance enhancement in female football** Romero Moraledad B (ESP)
 14:55 **Fatigue monitoring to target recovery in a South American National team** Chiquito C (ESP)
 15:05 **Will virtual reality during RTP become the new norm? The French experience** Carling C (FRA)
 15:15 **Optimizing the loading through the foot: a professional football experience** Alfaro V (ESP)
 15:25 **Getting back to the top after a long-term injury** Tosarelli F (ITA)
 15:35 *Discussion*

SHARE YOUR EXPERIENCE...

The Scientific Committee encourages you all to contribute and help enhance the Isokinetic Conference through the submission of original research related to Sports & Football Medicine. You can participate either with an Oral or Poster Communication or by competing in the Best Case Report Award Contest. The Conference is, above all, an opportunity for discussion and for the exchange of ideas and scientific innovation. Don't lose the chance to be part of this incredible experience!

TOPICS TO TACKLE

ACL Injuries • Hamstring Injuries • Ankle ligaments Injuries • Hip & Groin Injuries • Muscle and Tendon Injuries • Joint Injuries (foot-ankle, knee hip, shoulder, spine, others) • Regenerative Medicine (Orthobiologics and novel treatments) • Injury Video Analysis • Biomechanics • Imaging (US, MRI, CT, others) • Orthopaedics and Surgery • Functional Rehabilitation & Physical Therapies • Functional Assessment • Football Reconditioning • Football Performance Analysis • Injury Prevention • Epidemiology • Women Football Medicine • Youth Football • Medical Issues (concussion, cardiovascular, nutrition, sleep, others) • Artificial Intelligence Virtual Reality • Case Reports.

KEY DATES

Deadline for abstract submission
22nd January 2025

Notification of your abstract acceptance
By 5th February 2025

Deadline for presenter's registration*
12th February 2025

* Upon notification of abstract acceptance, all Presenters are required to register for the Conference to be included in the Final Programme and in the Abstract Book

[GUIDELINES](#) [ABSTRACT FORM](#)



Time to grab the field



...AND GET YOUR CHANCE TO WIN

Don't miss the opportunity to be protagonist: do your best to win one of our Awards.

And besides these awards, don't forget the chance to be a **NEXT GENERATION LEADER** - The best submitted abstracts will be selected for the Next Generation Leader Sessions, which will be held in one of the main scientific rooms of the Conference and will be opened by a globally renowned keynote speaker.



BEST WOMEN'S FOOTBALL PAPER

NEW

AWARD

Open Access publication of your paper in BMJ Open Sports Medicine (Publishing charges will be waived)

BEST ACL PAPER

NEW

AWARD

Winner
€ 1500

BEST CASE REPORT CONTEST

AWARDS

1st place € 1500
2nd place € 1000
3rd place € 500

BEST POSTER

AWARD

Winner
€ 1000

THE FIVE PILLARS OF THE ISOKINETIC CAMPUS

First, we created the Isokinetic Campus as a home for our Isokinetic family, focusing on continuous education and professional growth; a meeting point between our group and the sports medicine community but also a strong asset for the future development of our company.



ISOKINETIC CAMPUS

*Isokinetic Campus:
an investment
for our people*

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GROWTH WITH
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EDUCATION

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REGISTRATION



Can't wait to be there? Register soon to benefit from the Early Bird Registration Fees. Visit www.isokineticconference.com and fill in the online form in the Registration section. If you need support, contact us at conference@isokinetic.com and our staff will be happy to help.

REGISTRATION INCLUDES

- Admission to all scientific sessions
- Admission to the exhibition hall and networking area
- Admission to sponsored workshops (depending on room capacity)
- Conference kit (Conference bag, abstract book & Conference Programme)
- Coffee and lunch breaks
- Certificate of Attendance
- Free Wi-Fi.

PAYMENT

Payment can be made by Credit Card or Bank Transfer.

OFFICIAL LANGUAGE

English

CME CREDITS

An application will be made to the European Accreditation Council for Continuing Medical Education (EACCME) for CME accreditation of this event.

CONFERENCE FEES		
Ticket type	Until 5 th March 2025	From 6 th March 2025
3 days	€ 940,00	€ 1.240,00
1 day	€ 630,00	€ 630,00
3 days student fee	€ 740,00	€ 840,00
1 day student fee	€ 530,00	€ 530,00



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